

Drinking in the benefits of dance

Jamie First

Susan Robertson may be light on her feet, but she is doing a heavy lot of good for those in need.

A dancer and teacher for more than 25 years, Ms Robertson has run workshops at a variety of institutions, including the University of Melbourne, Trinity Grammar and many local kindergartens.

She also runs her own creative dance classes through her business Kervette, which has sessions in Canterbury and Hawthorn and caters for adults as well as children.

This year, she is starting a special women's dance program.

Ms Robertston said those who participate will be "enriched, uplifted and joyful".

"I anticipate these qualities will spread into all areas of their lives."

After visiting a small village in the Bali highlands last year, Ms Robertson said she became passionate about helping provide tapped water to all houses in the community.

In 2014, she held two family dance festivals, with proceeds from those events channelled directly into the project.

As a result, that Bali village now enjoys clean water in each home.

"Each festival offered the opportunity not only to participate in the joy and creativity of ... dance and movement, but also the contribution in a real and meaningful way to another community."

This will be an ongoing commitment for Kervette, with more family dance festivals planned for 2015.

The money she makes will be directed towards self-help projects in the villages.

"I want my passion for creative dance to allow people not only to engage in and share the experience of creative expression, but also to expand their horizons and contribute to ... worthwhile projects which make a difference to the lives of the recipients," Ms Robertson said.

For more information go to kervette.com.